Evidence2Success: School Survey (9 – 13 years)

STATEMENT FROM THE RESEARCHERS

We are asking you to complete a survey. Please read the information below carefully. You can then decide if you want to take part.

WHY AM I BEING ASKED TO COMPLETE A SURVEY?

This survey is part of a research study called Evidence2Success. We want to know what children and young people need to grow up healthy, ready to learn and prepared for success in life. If you complete the survey you can help schools, the council, the health service and community leaders better plan important programmes and services for young people in Perth and Kinross.

WHAT IS IN THE SURVEY?

This is not a test. There are no right or wrong answers. The survey will ask questions about you or things that you and your friends may or may not have done. Here are some examples of questions you may be asked:

- I usually do as I am told
- How many friends do you have who you can talk to about your problems?
- I usually share with others (food, games, pens etc.)

The survey is secret/confidential. You will complete the survey on your own. No one at your home or the school will see your answers. We will match your questionnaire answers to other information the school and council holds about you, such as any services you receive, but it won’t be possible to identify you at the end of this process.

The survey is voluntary. You do not need to take part if you don’t want. You can also skip any questions you don’t want to answer and stop taking the survey at any time.

I agree to take part in the Evidence2Success survey.

☐ YES, I want to take part ☐ NO, I don’t want to take part

Principal Investigator: Tim Hobbs, PhD

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Thank you for agreeing to do the survey!

Instructions: Please read each question carefully and mark your answer by putting an “X” in the box next to the answer you choose. If you make a mistake or want to change your answer, completely fill in the box with the wrong answer and put an “X’ in the box next to your new answer.

Some of the questions will look like this:

12. How many times have you watched TV this week?
   - None
   - 1 or 2 times
   - 3 or 4 times
   - 5 or more times

Other questions will look like this:

Please mark an “X” in the box under your answer.

<table>
<thead>
<tr>
<th></th>
<th>NO!</th>
<th>no</th>
<th>yes</th>
<th>YES!</th>
</tr>
</thead>
<tbody>
<tr>
<td>22. I like to eat pizza.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☒</td>
</tr>
</tbody>
</table>

Mark the big NO! if you think the statement is definitely not true for you.
Mark the little no if you think the statement is mostly not true for you.
Mark the little yes if you think the statement is mostly true for you.
Mark the big YES! if you think the statement is definitely true for you.

Please try to answer every question. Your answers will make a difference to other children and young people in the future. If you decide not to answer a question, draw an “X” through the entire question. That way we know you did not accidentally skip a question.

Look out for grey boxes: There may be some questions you can skip depending on your answer. There will be a grey box underneath these questions.

For example:

IF you answered ‘no,’ please skip to Q12.
First are some general information questions about you. Please select the response that best describes you.

Q1. How old are you?
   □ 9  □ 12
   □ 10  □ 13
   □ 11

Q2. What is your date of birth?
   ........../........./......... (DD/MM/YYYY)

Q3. Are you...
   □ Female?
   □ Male?

Q4. Are you in...
   □ Primary School
   □ Secondary School
   □ Special School
   □ Other

Q5. What primary/year are you in?
   □ Primary 6  □ 3rd Year (S3)
   □ Primary 7  □ 4th Year (S4)
   □ 1st Year (S1)  □ 5th Year (S5)
   □ 2nd Year (S2)  □ 6th Year (S6)
Q6. What is your ethnic group? (Choose one option that best describes your ethnic group or background)

**White**
- ☐ Scottish
- ☐ Other British
- ☐ Irish
- ☐ Gypsy/Traveller
- ☐ Polish
- ☐ Bosnian
- ☐ Bulgarian
- ☐ Croatian
- ☐ Czech
- ☐ Georgian
- ☐ Estonian
- ☐ Hungarian
- ☐ Slovenian
- ☐ Latvian
- ☐ Romanian
- ☐ Lithuanian
- ☐ Any other White ethnic group

**Mixed / Multiple ethnic groups**
- ☐ Any Mixed / Multiple ethnic groups

**Asian / Asian Scottish or Asian British**
- ☐ Pakistani, Pakistani Scottish or Pakistani British
- ☐ Indian, Indian Scottish or Indian British
- ☐ Bangladeshi, Bangladeshi Scottish or Bangladeshi British
- ☐ Chinese, Chinese Scottish or Chinese British
- ☐ Any other Asian

**African**
- ☐ African, African Scottish or African British
- ☐ Any other African

**Caribbean or Black**
- ☐ Caribbean, Caribbean Scottish or Caribbean British
- ☐ Black, Black Scottish or Black British
- ☐ Any other Caribbean or Black

**Other ethnic group**
- ☐ Arab, Arab Scottish or Arab British
- ☐ Any other ethnic group
Q7. Think of where you live most of the time. Which **BEST** describes your living situation? (select only one option)

- House or flat with parents or family
- A residential unit away from parents or family
- Homeless/temporary accommodation
- Other living situation.

Q8. Which of the following people live there with you? *Choose all that apply.*

- Mother
- Father
- Stepmother
- Steppfather
- Adoptive mother
- Adoptive father
- Foster mother
- Foster father
- My parent’s boyfriend/girlfriend/partner
- Grandmother
- Grandfather
- Aunt
- Uncle
- Sister(s)
- Stepsister(s)
- Brother(s)
- Stepbrother(s)
- Friend(s)
- Other adults, not related to me
- My boyfriend/girlfriend/spouse
- My biological children
- Other children, not related to me
- Other
- Don’t know
The next questions ask about your experiences at school.

Q9. In your opinion, what does your class teacher(s) think about your school performance compared to your classmates?

- □ Below Average
- □ Average
- □ Good
- □ Very Good

Q10. Are your school marks better than the marks of most other pupils in your class?

- □ NO!
- □ no
- □ yes
- □ YES!

Q11. How many times in the past year (12 months) have you been excluded from school?

- □ Never
- □ 1 or 2 times
- □ 3 to 5 times
- □ 6 to 9 times
- □ 10 to 19 times
- □ 20 to 29 times
- □ 30 to 39 times
- □ 40+ times

Q12. During the last four weeks, how many whole days of school have you missed...

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>None</th>
<th>1 day</th>
<th>2 days</th>
<th>3 days</th>
<th>4-5 days</th>
<th>6-10 days</th>
<th>11 or more days</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) ...because of illness or injury?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(b) ...because you “skipped” or truanted?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Q13. How often do you feel that the schoolwork you are assigned is meaningful and important?

- Never
- Seldom
- Sometimes
- Often
- Almost Always

Q14. How interesting are most of your school subjects to you?

- Very interesting
- Quite interesting
- Fairly interesting
- Slightly boring
- Very boring

Q15. How important do you think the things you are learning in school are going to be for your later life?

- Very important
- Quite important
- Fairly important
- Slightly important
- Not at all important

Q16. Now, thinking back over the past year (12 months) in school...

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>Never</th>
<th>Seldom</th>
<th>Sometimes</th>
<th>Often</th>
<th>Almost always</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) ... how often did you enjoy being in school?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(b) ... how often did you hate being in school?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(c) ... how often did you try to do your best work in school?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Now you will be asked about your friends.

Q17. How many friends do you have who you can talk to about your problems?

- [ ] None
- [ ] 1
- [ ] 2
- [ ] 3
- [ ] 4
- [ ] 5 or more

Q18. How many friends do you have who would help you when you need it?

- [ ] None
- [ ] 1
- [ ] 2
- [ ] 3
- [ ] 4
- [ ] 5 or more

Q19. In the past year (12 months), how many of your best friends have...

<table>
<thead>
<tr>
<th>Activity</th>
<th>None of my friends</th>
<th>1 of my friends</th>
<th>2 of my friends</th>
<th>3 of my friends</th>
<th>4 of my friends</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) ...participated in clubs, organisations or activities at school?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(b) ...said they don’t want to use or try drugs?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(c) ...regularly attended religious services?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(d) ...tried to do well in school?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(e) ...been excluded from school?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(f) ...dropped out or left school?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(g) ...smoked cigarettes?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>In the <strong>past year</strong> (12 months), how many of your best friends have...</td>
<td>None of my friends</td>
<td>1 of my friends</td>
<td>2 of my friends</td>
<td>3 of my friends</td>
<td>4 of my friends</td>
</tr>
<tr>
<td>---</td>
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<td>---</td>
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<td>---</td>
</tr>
<tr>
<td>(h) ...tried beer, cider, wine, alcopops or spirits (for example, vodka, whisky or gin) when their parents didn’t know about it</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(i) ...used cannabis?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(j) ...used LSD, cocaine, amphetamines or other illegal drugs?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(k) ...sold illegal drugs?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(l) ...carried a knife or other weapon?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(m) ...stolen or tried to steal a motor vehicle such as a car or motorcycle?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(n) ...been arrested?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
</tbody>
</table>

Q20. In the past year (12 months), how many of your best friends have liked school?

- [ ] None of my friends
- [ ] 1 of my friends
- [ ] 2 of my friends
- [ ] 3 of my friends
- [ ] 4 of my friends
For the next group of questions, think about how often these things have happened to you during the past year (12 months).

Q21. Another pupil or group of children or young people

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>A lot</th>
<th>Several times</th>
<th>Once or twice</th>
<th>Never</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) ...pushed, shoved, tripped or picked a fight with me.</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(b) ...teased and said mean things to me.</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(c) ...spread rumours or told lies about me.</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(d) ...told lies or made fun of me using the internet or a mobile phone (for example, email, instant messaging, text messaging, or websites).</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
</tbody>
</table>

Q22. How many times in the past year (12 months) have you...

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>Never</th>
<th>1 or 2 times</th>
<th>3 to 5 times</th>
<th>6 to 9 times</th>
<th>10 to 19 times</th>
<th>20 to 29 times</th>
<th>30 to 39 times</th>
<th>40+ times</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) ...carried a knife or other weapon?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(b) ...sold illegal drugs?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(c) ...stolen or tried to steal a motor vehicle such as a car or motorcycle?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(d) ...been arrested?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(e) ...attacked someone with the idea of seriously hurting them?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(f) ...been drunk, on drugs or high at school?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(g) ...stolen something worth more than £5?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
</tbody>
</table>
The next section asks about your experiences with tobacco, alcohol and other drugs. Remember, your answers are confidential. Please pay close attention to the time frame of the questions. Questions ask about your lifetime, past year (12 months), and past month (30 days).

Q23. Have you smoked at least 100 cigarettes in your entire lifetime?

☐ Yes
☐ No

Q24. How frequently have you smoked cigarettes during the past year (12 months)?

☐ Not at all
☐ Less than one cigarette per day
☐ One to five cigarettes per day
☐ About half a pack per day
☐ About one pack per day
☐ About one and a half packs per day
☐ Two packs or more per day

IF you answered ‘not at all’, please skip to Q26.

Q25. How frequently have you smoked cigarettes during the past month (30 days)?

☐ Not at all
☐ Less than one cigarette per day
☐ One to five cigarettes per day
☐ About half a pack per day
☐ About one pack per day
☐ About one and a half packs per day
☐ Two packs or more per day
Q26. On how many occasions (if any) have you had beer, cider, wine, alcopops or spirits (for example, vodka, whisky or gin) during the past year (12 months)?

- □ 0 occasions
- □ 1-2 occasions
- □ 3-5 occasions
- □ 6-9 occasions
- □ 10-19 occasions
- □ 20-39 occasions
- □ 40 or more occasions

**IF you answered ‘0 occasions’, please skip to Q29.**

Q27. On how many occasions (if any) have you had beer, cider, wine, alcopops or spirits (for example, vodka, whisky or gin) during the past month (30 days)?

- □ 0 occasions
- □ 1-2 occasions
- □ 3-5 occasions
- □ 6-9 occasions
- □ 10-19 occasions
- □ 20-39 occasions
- □ 40 or more occasions

Q28. Think back over the last two weeks. How many times have you had five or more alcoholic drinks in a row?

- □ None
- □ Once
- □ Twice
- □ 3 to 5 times
- □ 6 to 9 times
- □ 10 or more times
Q29. On how many occasions (if any) have you...

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer</th>
<th>0 occasions</th>
<th>1 to 2 occasions</th>
<th>3 to 5 occasions</th>
<th>6 to 9 occasions</th>
<th>10 to 19 occasions</th>
<th>20 to 39 occasions</th>
<th>40 or more occasions</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) ... used cannabis the <strong>past year</strong> (12 months)?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(b) ... used cannabis in the <strong>past month</strong> (30 days)?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(c) ... used prescription drugs (for example, Codydramol, OxyContin, Ritalin, Valium, Diazepam) not prescribed for you by a doctor in the <strong>past year</strong> (12 months)</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(d) ... used prescription drugs (for example, Codydramol, OxyContin, Ritalin, Valium, Diazepam) not prescribed for you by a doctor in the <strong>past month</strong> (30 days)</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Please mark an “X” in the box under your answer</td>
<td>0 occasions</td>
<td>1 to 2 occasions</td>
<td>3 to 5 occasions</td>
<td>6 to 9 occasions</td>
<td>10 to 19 occasions</td>
<td>20 to 39 occasions</td>
<td>40 or more occasions</td>
</tr>
<tr>
<td>-------------------------------------------------</td>
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<td>-----------------</td>
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</tr>
<tr>
<td>(e) ... used obecal (“CAL”) in the <strong>past year</strong> (12 months)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(f) ... used obecal (“CAL”) in the <strong>past month</strong> (30 days)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(g) ... used other illegal drugs (such as LSD, cocaine, ecstasy, heroin, or others) in the <strong>past year</strong> (12 months)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(h) ... used other illegal drugs (such as LSD, cocaine, ecstasy, heroin, or others) in the <strong>past month</strong> (30 days)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>On how many occasions (if any) have you used a ‘legal high’ substance (i.e. Bubbles, Meow, Spice, Diablo, ethylphenidate or others) in the <strong>past month</strong> (30 days)?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>
For each item, please mark the box for Not True, Somewhat True or Certainly True. It would help us if you answered all items as best you can even if you are not absolutely certain or the item seems daft! Please give your answers on the basis of how things have been for you over the last six months.

Q30.

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer</th>
<th>Not true</th>
<th>Somewhat true</th>
<th>Certainly true</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) I try to be nice to other people. I care about their feelings</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>b) I am restless, I cannot stay still for very long</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>c) I get a lot of headaches, stomach-aches or sickness</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>d) I usually share with others (food, games, pens etc.)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>e) I get very angry and often lose my temper</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

Q31.

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer</th>
<th>Not true</th>
<th>Somewhat true</th>
<th>Certainly true</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) I am usually on my own. I generally play alone or keep to myself</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>b) I usually do as I am told</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>c) I worry a lot</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>d) I am helpful if someone is hurt, upset or feeling ill</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>e) I am constantly fidgeting or squirming</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

Q32.

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer</th>
<th>Not true</th>
<th>Somewhat true</th>
<th>Certainly true</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) I have one good friend or more</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>b) I fight a lot. I can make other people do what I want</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>c) I am often unhappy, down-hearted or tearful</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>d) Other people my age generally like me</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>e) I am easily distracted, I find it difficult to concentrate</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>
Q33.

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer</th>
<th>Not true</th>
<th>Somewhat true</th>
<th>Certainly true</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) I am nervous in new situations. I easily lose confidence</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b) I am kind to younger children</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c) I am often accused of lying or cheating</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d) Other children or young people pick on me or bully me</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e) I often volunteer to help others (parents, teachers, children)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Q34.

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer</th>
<th>Not true</th>
<th>Somewhat true</th>
<th>Certainly true</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) I think before I do things</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b) I take things that are not mine from home, school or elsewhere</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c) I get on better with adults than with people my own age</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d) I have many fears, I am easily scared</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e) I finish the work I’m doing. My attention is good</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Q35. Overall, do you think that you have difficulties in one or more of the following areas: emotions, concentration, behaviour, or being able to get along with other people?

☐ No
☐ Yes – Minor difficulties
☐ Yes – Definite difficulties
☐ Yes – Severe difficulties

IF you answered ‘no,’ please skip to Q39.

You answered ‘Yes” to having difficulties in the area(s) of emotions, concentration, behaviour, or being able to get along with other people. Please answer the following questions about these difficulties.

Q36. How long have these difficulties been present?

☐ Less than a month ☐ 6-12 months
☐ 1-5 months ☐ Over a year
Q37. Do the difficulties upset or distress you?

☐ Not at all
☐ Only a little
☐ Quite a lot
☐ A great deal

Q38. Do the difficulties interfere with your everyday life in the following areas?

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>Not at all</th>
<th>Only a little</th>
<th>Quite a lot</th>
<th>A great deal</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) Home life.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(b) Friendships.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(c) Classroom learning.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(d) Leisure Activities.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Q39.

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>NO!</th>
<th>no</th>
<th>yes</th>
<th>YES!</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) I know how to relax when I feel tense.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(b) I am always able to keep my feelings under control.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(c) I know how to calm down when I am feeling nervous.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(d) I control my temper when people are angry with me.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Q40.

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>NO!</th>
<th>no</th>
<th>yes</th>
<th>YES!</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) Sometimes I think that life is not worth it.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(b) At times I think I am no good at all.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(c) All in all, I am inclined to think that I am a failure.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Q41. In the past year (12 months), have you felt depressed or sad MOST days, even if you felt OK sometimes?

☐ NO!
☐ no
☐ yes
☐ YES!

Q42. Is there an adult in your life (other than your parents) you can usually turn to for help and advice?

☐ Yes
☐ No
These questions ask about health problems you might have had at any time in your life.

Q43. Have you ever had...

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) ...asthma?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>(b) ...diabetes?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>(c) ...ADD or ADHD (Attention Deficit Disorder or Attention Deficit Hyperactivity Disorder?)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please mark an “X” in the box under your answer.

Q44. In general, how would you say your health is?

- Excellent
- Very good
- Good
- Fair
- Poor

Q45. How do you think of yourself in terms of your weight?

- Very underweight
- Slightly underweight
- About the right weight
- Slightly overweight
- Very overweight

Q46. What is your height?

PLEASE ENTER YOUR HEIGHT IN EITHER FEET AND INCHES OR METRES AND CENTIMETRES

.........................Feet/Inches OR .........................Metres/centimetres

Q47. What is your weight?

PLEASE ENTER YOUR WEIGHT IN EITHER STONES AND POUNDS OR KILOGRAMS

........................Stones/Pounds OR .......................Kilograms
The next questions ask about your parents. If you don't have parents, think about the people who are most like parents to you (your caregivers).

**Q48.**

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer</th>
<th>NO!</th>
<th>no</th>
<th>yes</th>
<th>YES!</th>
<th>I don't have a mother or someone who is like a mum to me</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) Do you feel very close to your mother (or the person who is like a mother to you)?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(b) Do you share your thoughts and feelings with your mother (or the person who is like a mother to you)?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

**Q49.**

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer</th>
<th>NO!</th>
<th>no</th>
<th>yes</th>
<th>YES!</th>
<th>I don't have a father or someone who is like a dad to me</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) Do you feel very close to your father (or the person who is like a father to you)?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(b) Do you share your thoughts and feelings with your father (or the person who is like a father to you)?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

**Q50.**

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer</th>
<th>NO!</th>
<th>no</th>
<th>yes</th>
<th>YES!</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) If I had a problem, I could ask my parents (or caregivers) for help.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(b) My parents (or caregivers) ask me what I think before most family decisions affecting me are made.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(c) My parents (or caregivers) give me lots of chances to do fun things with them.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

**Q51.** My parents (or caregivers) ask if I've got my homework done.

☐ NO!
☐ no
☐ yes
☐ YES!
Q52.

**Please mark an “X” in the box under your answer.**

<table>
<thead>
<tr>
<th>(a) If you drank some beer, cider, wine, alcopops or spirits (for example, vodka, whisky or gin) without your parents' (or caregivers’) permission, would you be caught by your parents?</th>
<th>NO!</th>
<th>no</th>
<th>yes</th>
<th>YES!</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>(b) If you carried a knife or other weapon without your parents’ or caregivers’ permission, would you be caught by your parents (or caregivers)?</th>
<th>NO!</th>
<th>no</th>
<th>yes</th>
<th>YES!</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>(c) If you skipped school, would you be caught by your parents (or caregivers)?</th>
<th>NO!</th>
<th>no</th>
<th>yes</th>
<th>YES!</th>
</tr>
</thead>
</table>

Q53. How wrong do your parents (or caregivers) feel it would be for you to...

**Please mark an “X” in the box under your answer.**

<table>
<thead>
<tr>
<th>(a) ...steal something worth more than £5?</th>
<th>Very wrong</th>
<th>Wrong</th>
<th>A little bit wrong</th>
<th>Not wrong at all</th>
</tr>
</thead>
<tbody>
<tr>
<td>(b) ...draw graffiti, or write things or draw pictures on buildings or other property (without the owner's permission)?</td>
<td>Very wrong</td>
<td>Wrong</td>
<td>A little bit wrong</td>
<td>Not wrong at all</td>
</tr>
<tr>
<td>(c) ...pick a fight with someone?</td>
<td>Very wrong</td>
<td>Wrong</td>
<td>A little bit wrong</td>
<td>Not wrong at all</td>
</tr>
<tr>
<td>(d) ...drink beer, cider, wine, alcopops or spirits (for example, vodka, whisky or gin) regularly (at least once or twice a month)?</td>
<td>Very wrong</td>
<td>Wrong</td>
<td>A little bit wrong</td>
<td>Not wrong at all</td>
</tr>
<tr>
<td>(e) ...smoke cigarettes?</td>
<td>Very wrong</td>
<td>Wrong</td>
<td>A little bit wrong</td>
<td>Not wrong at all</td>
</tr>
<tr>
<td>(f) ...smoke cannabis?</td>
<td>Very wrong</td>
<td>Wrong</td>
<td>A little bit wrong</td>
<td>Not wrong at all</td>
</tr>
</tbody>
</table>

Q54. When I am not at home, one of my parents (or caregivers) knows where I am and who I am with.

- NO!
- no
- yes
- YES!

Q55. Would your parents (or caregivers) know if you did not come home on time?

- NO!
- no
- yes
- YES!
Q56. When you have misbehaved do your parents (or caregivers)...

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>NO!</th>
<th>no</th>
<th>yes</th>
<th>YES!</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) ...take away your privileges (TV, films, etc.)?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(b) ...listen to your side?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(c) ...discuss what you did and why it was wrong?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

For these questions, please think about the people you consider to be your family (for example, parents, step-parents, grandparents, aunts, uncles, brothers, sisters, etc.).

Q57. My family has clear rules about alcohol and drug use.

- NO!
- no
- yes
- YES!

Q58.

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>NO!</th>
<th>no</th>
<th>yes</th>
<th>YES!</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) We argue about the same things in my family over and over.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(b) People in my family have serious arguments.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(c) People in my family often insult or shout at each other.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

These questions are about you and your parents’ (or caregivers’) living and economic circumstances

Q59. How many adults live with you?

- One
- Two
- Three or more

Q60. How many adults that you live with have a paid job?

- None
- One
- Two
- Three or more
- Don’t know
Q61. On average, how much money of your own do you have to spend each week?

- None
- £1 or 2 per week
- £3-£5 per week
- £6-£8 per week
- £9-10 per week
- £11-£15 per week
- More than £15 per week
- Don’t know

Q62. How financially well off do you think your family is?

- Very well off
- Quite well off
- Average
- Not very well off
- Not very well off at all
- Don’t know

Q63. How many people live in your home (include yourself, all adults and all other children)?

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10
- 11
- 12
- 13
- 14
- 15 or more

Q64. How many rooms are there in your house, not including kitchens and bathrooms?

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10
- 11
- 12
- 13
- 14
- 15 or more
Q65. Have you changed homes in the past year (12 months)?

☐ Yes  ☐ No

Q66. Have you changed schools (including changing from primary to secondary school) in the past year (12 months)?

☐ Yes  ☐ No

Q67. How many times have you changed schools (including changing from primary to secondary school) since Primary 1?

☐ Never  ☐ 1 or 2 times  ☐ 3 or 4 times  ☐ 5 or 6 times  ☐ 7 or more times

Q68. How many times have you changed homes since Primary 1?

☐ Never  ☐ 1 or 2 times  ☐ 3 or 4 times  ☐ 5 or 6 times  ☐ 7 or more times

Q69. And finally, how honest were you in filling out this survey?

☐ I was very honest  ☐ I was honest much of the time  ☐ I was honest some of the time  ☐ I was honest once in a while  ☐ I was not honest at all
FEEDBACK: If there is anything else you would like to share with us or if you have any comments, please write them in here.

That is the end of the survey! Thank you for taking the time to answer the questions!