Evidence2Success: School Survey (14 years +)

STATEMENT FROM THE RESEARCHERS

Perth and Kinross Council and The Social Research Unit are doing a research study. We are asking you to complete a survey. Please read the information below carefully. You can then decide if you want to take part.

WHY AM I BEING ASKED TO COMPLETE A SURVEY?

This survey is part of a research study called Evidence2Success. We want to know what children and young people need to grow up healthy, ready to learn and prepared for success in life. If you complete the survey you can help schools, the council, the health service and community leaders better plan important programmes and services for young people in Perth and Kinross.

WHAT IS IN THE SURVEY?

This is not a test. There are no right or wrong answers. The survey will ask questions about you and things that you and your friends may or may not have done. Here are some examples of questions you may be asked:

- I am easily distracted. I find it difficult to concentrate.
- How many friends do you have who you can talk to about your problems?
- My parents (or caregivers) ask if I've got my homework done.

The survey is confidential. You will complete the survey on your own. No one at your home or the school will see your answers. We will match your questionnaire answers to other information the school and council holds about you, such as any services you receive, but it won’t be possible to identify you at the end of this process.

The survey is voluntary. You do not need to take part if you don’t want. You can also skip any question you don’t want to answer or you can stop taking the survey at any time.

I agree to take part in the Evidence2Success survey.

☐ YES, I want to take part ☐ NO, I don’t want to take part

Principal Investigator: Tim Hobbs, PhD

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Thank you for agreeing to do the survey!

Instructions: Please read each question carefully and mark your answer by putting an “X” in the box next to the answer you choose. If you make a mistake or want to change your answer, completely fill in the box with the wrong answer and put an “X’ in the box next to your new answer.

Some of the questions will look like this:

12. How many times have you watched TV this week?

☐ None
☒ 1 or 2 times
☐ 3 or 4 times
☐ 5 or more times

Other questions will look like this:

22. I like to eat pizza.

Please mark an “X” in the box under your answer.

<table>
<thead>
<tr>
<th></th>
<th>NO!</th>
<th>no</th>
<th>yes</th>
<th>YES!</th>
</tr>
</thead>
<tbody>
<tr>
<td>22. I like to eat pizza.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☒</td>
</tr>
</tbody>
</table>

Mark the big NO! if you think the statement is definitely not true for you.

Mark the little no if you think the statement is mostly not true for you.

Mark the little yes if you think the statement is mostly true for you.

Mark the big YES! if you think the statement is definitely true for you.

Please try to answer every question. Your answers will make a difference to other children and young people in the future. If you decide not to answer a question, draw an “X” through the entire question. That way we know you did not accidentally skip a question.

Look out for grey boxes: There may be some questions you can skip depending on your answer. There will be a grey box underneath these questions.

For example:

IF you answered ‘no,’ please skip to Q12.
First are some general information questions about you. Please select the response that best describes you.

<table>
<thead>
<tr>
<th>Question</th>
<th>Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>Q1. How old are you?</td>
<td>14, 15, 16, 17, 18, 19 or older</td>
</tr>
<tr>
<td>Q2. What is your date of birth?</td>
<td>DDMYMYY</td>
</tr>
<tr>
<td>Q3. Are you...</td>
<td>Female? Male?</td>
</tr>
<tr>
<td>Q4. Are you in...</td>
<td>Primary School, Secondary School, Special School, Other</td>
</tr>
<tr>
<td>Q5. What year are you in?</td>
<td>1st Year (S1), 2nd Year (S2), 3rd Year (S3), 4th Year (S4), 5th Year (S5), 6th Year (S6)</td>
</tr>
</tbody>
</table>
Q6. What is your ethnic group? *(Choose one option that best describes your ethnic group or background)*

**White**
- [ ] Scottish
- [ ] Other British
- [ ] Irish
- [ ] Gypsy/Traveller
- [ ] Polish
- [ ] Bosnian
- [ ] Bulgarian
- [ ] Croatian
- [ ] Czech
- [ ] Georgian
- [ ] Estonian
- [ ] Hungarian
- [ ] Slovenian
- [ ] Latvian
- [ ] Romanian
- [ ] Lithuanian
- [ ] Any other White ethnic group

**Mixed / Multiple ethnic groups**
- [ ] Any Mixed / Multiple ethnic groups

**Asian / Asian Scottish or Asian British**
- [ ] Pakistani, Pakistani Scottish or Pakistani British
- [ ] Indian, Indian Scottish or Indian British
- [ ] Bangladeshi, Bangladeshi Scottish or Bangladeshi British
- [ ] Chinese, Chinese Scottish or Chinese British
- [ ] Any other Asian

**African**
- [ ] African, African Scottish or African British
- [ ] Any other African

**Caribbean or Black**
- [ ] Caribbean, Caribbean Scottish or Caribbean British
- [ ] Black, Black Scottish or Black British
- [ ] Any other Caribbean or Black

**Other ethnic group**
- [ ] Arab, Arab Scottish or Arab British
- [ ] Any other ethnic group
Q7. Think of where you live most of the time. Which BEST describes your living situation? (select only one option)

☐ House or flat with parents or family
☐ A residential unit away from parents or family
☐ Homeless/temporary accommodation
☐ Other living situation.

Q8. Which of the following people live there with you? Choose all that apply.

☐ Mother
☐ Father
☐ Stepmother
☐ Stepfather
☐ Adoptive mother
☐ Adoptive father
☐ Foster mother
☐ Foster father
☐ My parent’s boyfriend/girlfriend/partner
☐ Grandmother
☐ Grandfather
☐ Aunt
☐ Uncle
☐ Sister(s)
☐ Stepsister(s)
☐ Brother(s)
☐ Stepbrother(s)
☐ Friend(s)
☐ Other adults, not related to me
☐ My boyfriend/girlfriend/spouse
☐ My biological children
☐ Other children, not related to me
☐ Other
☐ Don’t know
The next questions ask about your experiences at school.

Q9. In your opinion, what does your class teacher(s) think about your school performance compared to your classmates?
- Below Average
- Average
- Good
- Very Good

Q10. Are your school marks better than the marks of most other pupils in your class?
- NO!
- no
- yes
- YES!

Q11. How many times in the past year (12 months) have you been excluded from school?
- Never
- 1 or 2 times
- 3 to 5 times
- 6 to 9 times
- 10 to 19 times
- 20 to 29 times
- 30 to 39 times
- 40+ times

Q12. During the last four weeks, how many whole days of school have you missed...

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>None</th>
<th>1 day</th>
<th>2 days</th>
<th>3 days</th>
<th>4-5 days</th>
<th>6-10 days</th>
<th>11 or more days</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) ...because of illness or injury?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(b) ...because you “skipped” or truanted?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>
Q13. How often do you feel that the schoolwork you are assigned is meaningful and important?

- Never
- Seldom
- Sometimes
- Often
- Almost Always

Q14. How interesting are most of your school subjects to you?

- Very interesting
- Quite interesting
- Fairly interesting
- Slightly boring
- Very boring

Q15. How important do you think the things you are learning in school are going to be for your later life?

- Very important
- Quite important
- Fairly important
- Slightly important
- Not at all important

Q16. Now, thinking back over the past year (12 months) in school...

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>Never</th>
<th>Seldom</th>
<th>Sometimes</th>
<th>Often</th>
<th>Almost always</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) ... how often did you enjoy being in school?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(b) ... how often did you hate being in school?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(c) ... how often did you try to do your best work in school?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
The next questions ask about your relationships with any boy or girlfriends you might have had.

Q17. Have any of your partners ever...

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>Never</th>
<th>Once</th>
<th>A few times</th>
<th>Often</th>
<th>All of the time</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) Made fun of you</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(b) Shouted at you/screamed in your face / called you hurtful names</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(c) Said negative things about your appearance/body/friends/family</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(d) Threatened to hurt you physically unless you did what they wanted</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(e) Told you who you could see and where you could go</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(f) Constantly checked up on what you were doing, e.g. by phone or texts</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(g) Used private information to make you do something</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(h) Used mobile phones or the internet to humiliate or threaten you</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Now you will be asked about your friends.

Q18. How many friends do you have who you can talk to about your problems?

- □ None
- □ 1
- □ 2
- □ 3
- □ 4
- □ 5 or more
**Q19. How many friends do you have who would help you when you need it?**

- □ None
- □ 1
- □ 2
- □ 3
- □ 4
- □ 5 or more

**Q20. In the past year (12 months), how many of your best friends have...**

<table>
<thead>
<tr>
<th>In the past year (12 months), how many of your best friends have...</th>
<th>None of my friends</th>
<th>1 of my friends</th>
<th>2 of my friends</th>
<th>3 of my friends</th>
<th>4 of my friends</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) ...participated in clubs, organisations or activities at school?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(b) ...said they don’t want to use or try drugs?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(c) ...regularly attended religious services?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(d) ...tried to do well in school?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(e) ...been excluded from school?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(f) ...dropped out or left school?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(g) ...smoked cigarettes?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>In the past year (12 months), how many of your best friends have...</th>
<th>None of my friends</th>
<th>1 of my friends</th>
<th>2 of my friends</th>
<th>3 of my friends</th>
<th>4 of my friends</th>
</tr>
</thead>
<tbody>
<tr>
<td>(h) ...tried beer, cider, wine, alcopops or spirits (for example, vodka, whisky or gin) when their parents didn’t know about it</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(i) ...used cannabis?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(j) ...used LSD, cocaine, amphetamines or other illegal drugs?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(k) ...sold illegal drugs?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
</tbody>
</table>
In the past year (12 months), how many of your best friends have...

<table>
<thead>
<tr>
<th>Question</th>
<th>Option 1</th>
<th>Option 2</th>
<th>Option 3</th>
<th>Option 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>(l) ...carried a knife or other weapon?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(m) ...stolen or tried to steal a motor vehicle such as a car or motorcycle?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(n) ...been arrested?</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
</tbody>
</table>

Q21. In the past year (12 months), how many of your best friends have liked school?

☐ None of my friends
☐ 1 of my friends
☐ 2 of my friends
☐ 3 of my friends
☐ 4 of my friends

For the next group of questions, think about how often these things have happened to you during the past year (12 months).

Q22. Another pupil or group of children or young people

Please mark an “X” in the box under your answer.

<table>
<thead>
<tr>
<th>Question</th>
<th>Option 1</th>
<th>Option 2</th>
<th>Option 3</th>
<th>Option 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) ...pushed, shoved, tripped or picked a fight with me.</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(b) ...teased and said mean things to me.</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(c) ...spread rumours or told lies about me.</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>(d) ...told lies or made fun of me using the internet or a mobile phone (for example, email, instant messaging, text messaging, or websites).</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
</tbody>
</table>
Q23. How many times in the **past year** (12 months) have you...

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>Never</th>
<th>1 or 2 times</th>
<th>3 to 5 times</th>
<th>6 to 9 times</th>
<th>10 to 19 times</th>
<th>20 to 29 times</th>
<th>30 to 39 times</th>
<th>40+ times</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) ...carried a knife or other weapon?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(b) ...sold illegal drugs?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(c) ...stolen or tried to steal a motor vehicle such as a car or motorcycle?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(d) ...been arrested?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(e) ...attacked someone with the idea of seriously hurting them?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(f) ...been drunk, on drugs or high at school?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(g) ...stolen something worth more than £5?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(h) ...purposely damaged or destroyed property that did not belong to you (not counting family property)?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(i) ...taken something from a shop without paying for it?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>
The next section asks about your experiences with tobacco, alcohol and other drugs. Remember, your answers are confidential. Please pay close attention to the time frame of the questions. Questions ask about your lifetime, past year (12 months), and past month (30 days).

Q24. Have you smoked at least 100 cigarettes in your entire lifetime?

☐ Yes
☐ No

Q25. How frequently have you smoked cigarettes during the past year (12 months)?

☐ Not at all
☐ Less than one cigarette per day
☐ One to five cigarettes per day
☐ About half a pack per day
☐ About one pack per day
☐ About one and a half packs per day
☐ Two packs or more per day

IF you answered ‘not at all’, please skip to Q27.

Q26. How frequently have you smoked cigarettes during the past month (30 days)?

☐ Not at all
☐ Less than one cigarette per day
☐ One to five cigarettes per day
☐ About half a pack per day
☐ About one pack per day
☐ About one and a half packs per day
☐ Two packs or more per day

Q27. On how many occasions (if any) have you had beer, cider, wine, alcopops or spirits (for example, vodka, whisky or gin) during the past year (12 months)?

☐ 0 occasions
☐ 1-2 occasions
☐ 3-5 occasions
☐ 6-9 occasions
☐ 10-19 occasions
☐ 20-39 occasions
☐ 40 or more

IF you answered ‘0 occasions’, please skip to Q30.
Q28. On how many occasions (if any) have you had beer, cider, wine, alcopops or spirits (for example, vodka, whisky or gin) during the past month (30 days)?

- [ ] 0 occasions
- [ ] 1-2 occasions
- [ ] 3-5 occasions
- [ ] 6-9 occasions
- [ ] 10-19 occasions
- [ ] 20-39 occasions
- [ ] 40 or more occasions

Q29. Think back over the last two weeks. How many times have you had five or more alcoholic drinks in a row?

- [ ] None
- [ ] Once
- [ ] Twice
- [ ] 3 to 5 times
- [ ] 6 to 9 times
- [ ] 10 or more times

Q30. On how many occasions (if any) have you...

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer</th>
<th>0 occasions</th>
<th>1 to 2 occasions</th>
<th>3 to 5 occasions</th>
<th>6 to 9 occasions</th>
<th>10 to 19 occasions</th>
<th>20 to 39 occasions</th>
<th>40 or more occasions</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) ... used cannabis the past year (12 months)?</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
</tr>
<tr>
<td>(b) ... used cannabis in the past month (30 days)?</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
</tr>
<tr>
<td>(c) ... used prescription drugs (for example, Codydramol, OxyContin, Ritalin, Valium, Diazepam) not prescribed for you by a doctor in the past year (12 months)</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
</tr>
<tr>
<td>(d) ... used prescription drugs (for example, Codydramol, OxyContin, Ritalin, Valium, Diazepam) not prescribed for you by a doctor in the past month (30 days)</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
</tr>
</tbody>
</table>
The next questions ask about sexual behaviour. Remember, all of your answers are confidential.

Q31. Have you ever had sexual intercourse? (By sexual intercourse we mean vaginal or anal sex.)

☐ Yes
☐ No

IF you answered ‘no,’ please skip to Q38.
Q32. During the **past year** (12 months) with how many people have you had sexual intercourse? *(By sexual intercourse we mean vaginal or anal sex.)*

- [ ] I have had sexual intercourse, but not in the past year.
- [ ] 1 person
- [ ] 2 people
- [ ] 3 people
- [ ] 4 people
- [ ] 5 people
- [ ] 6 or more people
- [ ] I have never had sexual intercourse

**IF you haven’t had sex in the past year (12 months), please skip to Q36.**

Q33. In the **past year** (12 months) how often did you or your partner use any form of contraception when you had vaginal intercourse (e.g., condom, contraceptive pills, Norplant, spermicides, contraceptive sponge, diaphragm, IUD (sometimes called the coil), or Depo-Provera injection?*

- [ ] I have never had vaginal intercourse
- [ ] I haven’t had vaginal intercourse in the past year
- [ ] None of the time
- [ ] Less than half of the time
- [ ] About half of the time
- [ ] Most of the time
- [ ] Always
- [ ] I don’t know if my partner used contraception

Q34. In the **past year** (12 months), when you had vaginal or anal sex with someone, how often did you or your partner use a condom?

- [ ] I have never had vaginal or anal sex
- [ ] Haven’t had vaginal or anal intercourse in the past year
- [ ] None of the time
- [ ] Less than half of the time
- [ ] About half of the time
- [ ] Most of the time
- [ ] Always
- [ ] I don’t know if my partner used a condom
Q35. In the **past year** (12 months), have you been told by a doctor or nurse that you had a sexually transmitted disease or infection, such as chlamydia, gonorrhoea, syphilis, genital herpes, hepatitis, or HIV/AIDS?

- [ ] Yes
- [ ] No

Q36. How many times have you been pregnant or got someone pregnant?

- [ ] Never
- [ ] 1 time
- [ ] 2 or more times
- [ ] Not sure

**IF you answered ‘never’, please skip to Q38.**

Q37. How many children have you given birth to or fathered?

- [ ] None
- [ ] Currently pregnant/expecting or my partner is currently pregnant/expecting
- [ ] 1 child
- [ ] 2 or more children
- [ ] Not sure
For each item, please mark the box for Not True, Somewhat True or Certainly True. It would help us if you answered all items as best you can even if you are not absolutely certain or the item seems daft! Please give your answers on the basis of how things have been for you over the last six months.

Q38.

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer</th>
<th>Not true</th>
<th>Somewhat true</th>
<th>Certainly true</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) I try to be nice to other people. I care about their feelings</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>b) I am restless, I cannot stay still for very long</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>c) I get a lot of headaches, stomach-aches or sickness</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>d) I usually share with others (food, games, pens etc.)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>e) I get very angry and often lose my temper</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

Q39.

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer</th>
<th>Not true</th>
<th>Somewhat true</th>
<th>Certainly true</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) I am usually on my own. I generally play alone or keep to myself</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>b) I usually do as I am told</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>c) I worry a lot</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>d) I am helpful if someone is hurt, upset or feeling ill</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>e) I am constantly fidgeting or squirming</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

Q40.

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer</th>
<th>Not true</th>
<th>Somewhat true</th>
<th>Certainly true</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) I have one good friend or more</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>b) I fight a lot. I can make other people do what I want</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>c) I am often unhappy, down-hearted or tearful</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>d) Other people my age generally like me</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>e) I am easily distracted, I find it difficult to concentrate</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>
Q41.

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer</th>
<th>Not true</th>
<th>Somewhat true</th>
<th>Certainly true</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) I am nervous in new situations. I easily lose confidence</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>b) I am kind to younger children</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>c) I am often accused of lying or cheating</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>d) Other children or young people pick on me or bully me</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>e) I often volunteer to help others (parents, teachers, children)</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
</tbody>
</table>

Q42.

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer</th>
<th>Not true</th>
<th>Somewhat true</th>
<th>Certainly true</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) I think before I do things</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>b) I take things that are not mine from home, school or elsewhere</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>c) I get on better with adults than with people my own age</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>d) I have many fears, I am easily scared</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>e) I finish the work I'm doing. My attention is good</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
</tbody>
</table>

Q43. Overall, do you think that you have difficulties in one or more of the following areas: emotions, concentration, behaviour, or being able to get along with other people?

☐ No
☐ Yes – Minor difficulties
☐ Yes – Definite difficulties
☐ Yes – Severe difficulties

**IF you answered ‘no,’ please skip to Q47.**

You answered ‘Yes” to having difficulties in the area(s) of emotions, concentration, behaviour, or being able to get along with other people. Please answer the following questions about these difficulties.

Q44. How long have these difficulties been present?

☐ Less than a month  ☐ 6-12 months
☐ 1-5 months  ☐ Over a year
Q45. Do the difficulties upset or distress you?

- Not at all
- Only a little
- Quite a lot
- A great deal

Q46. Do the difficulties interfere with your everyday life in the following areas?

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>Not at all</th>
<th>Only a little</th>
<th>Quite a lot</th>
<th>A great deal</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) Home life.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(b) Friendships.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(c) Classroom learning.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(d) Leisure Activities.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Q47.

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>NO!</th>
<th>no</th>
<th>yes</th>
<th>YES!</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) I know how to relax when I feel tense.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(b) I am always able to keep my feelings under control.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(c) I know how to calm down when I am feeling nervous.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(d) I control my temper when people are angry with me.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Q48.

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>NO!</th>
<th>no</th>
<th>yes</th>
<th>YES!</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) Sometimes I think that life is not worth it.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(b) At times I think I am no good at all.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(c) All in all, I am inclined to think that I am a failure.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Q49. In the past year (12 months), have you felt depressed or sad MOST days, even if you felt OK sometimes?

- NO!
- no
- yes
- YES!

Q50. Is there an adult in your life (other than your parents) you can usually turn to for help and advice?

- Yes
- No
These questions ask about health problems you might have had at any time in your life.

Q51. Have you ever had...

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) ...asthma?</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(b) ...diabetes?</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(c) ...ADD or ADHD (Attention Deficit Disorder or Attention Deficit Hyperactivity Disorder?</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

Q52. In general, how would you say your health is?

- ☐ Excellent
- ☐ Very good
- ☐ Good
- ☐ Fair
- ☐ Poor

Q53. How do you think of yourself in terms of your weight?

- ☐ Very underweight
- ☐ Slightly underweight
- ☐ About the right weight
- ☐ Slightly overweight
- ☐ Very overweight

Q54. What is your height?

PLEASE ENTER YOUR HEIGHT IN EITHER FEET AND INCHES OR METRES AND CENTIMETRES

.....................Feet/Inches OR ......................Metres/centimetres

Q55. What is your weight?

PLEASE ENTER YOUR WEIGHT IN EITHER STONES AND POUNDS OR KILOGRAMS

.....................Stones/Pounds OR .......................Kilograms
The next questions ask about your parents. If you don't have parents, think about the people who are most like parents to you (your caregivers).

Q56.

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer</th>
<th>NO!</th>
<th>no</th>
<th>yes</th>
<th>YES!</th>
<th>I don't have a mother or someone who is like a mum to me</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) Do you feel very close to your mother (or the person who is like a mother to you)?</td>
<td></td>
<td></td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(b) Do you share your thoughts and feelings with your mother (or the person who is like a mother to you)?</td>
<td></td>
<td></td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

Q57.

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer</th>
<th>NO!</th>
<th>no</th>
<th>yes</th>
<th>YES!</th>
<th>I don't have a father or someone who is like a dad to me</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) Do you feel very close to your father (or the person who is like a father to you)?</td>
<td></td>
<td></td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(b) Do you share your thoughts and feelings with your father (or the person who is like a father to you)?</td>
<td></td>
<td></td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

Q58.

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer</th>
<th>NO!</th>
<th>no</th>
<th>yes</th>
<th>YES!</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) If I had a problem, I could ask my parents (or caregivers) for help.</td>
<td>☐</td>
<td></td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(b) My parents (or caregivers) ask me what I think before most family decisions affecting me are made.</td>
<td>☐</td>
<td></td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(c) My parents (or caregivers) give me lots of chances to do fun things with them.</td>
<td>☐</td>
<td></td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

Q59. My parents (or caregivers) ask if I've got my homework done.

☐ NO!
☐ no
☐ yes
☐ YES!
Q60.

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>NO!</th>
<th>no</th>
<th>yes</th>
<th>YES!</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) If you drank some beer, cider, wine, alcopops or spirits (for example, vodka, whisky or gin) without your parents’ (or caregivers’) permission, would you be caught by your parents?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(b) If you carried a knife or other weapon without your parents’ or caregivers’ permission, would you be caught by your parents (or caregivers)?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(c) If you skipped school, would you be caught by your parents (or caregivers)?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

Q61. How wrong do your parents (or caregivers) feel it would be for you to...

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>Very wrong</th>
<th>Wrong</th>
<th>A little bit wrong</th>
<th>Not wrong at all</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) ...steal something worth more than £5?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(b) ...draw graffiti, or write things or draw pictures on buildings or other property (without the owner's permission)?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(c) ...pick a fight with someone?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(d) ...drink beer, cider, wine, alcopops or spirits (for example, vodka, whisky or gin) regularly (at least once or twice a month)?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(e) ...smoke cigarettes?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(f) ...smoke cannabis?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

Q62. When I am not at home, one of my parents (or caregivers) knows where I am and who I am with.

- ☐ NO!
- ☐ no
- ☐ yes
- ☐ YES!

Q63. Would your parents (or caregivers) know if you did not come home on time?

- ☐ NO!
- ☐ no
- ☐ yes
- ☐ YES!
Q64. When you have misbehaved do your parents (or caregivers)...

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>NO!</th>
<th>no</th>
<th>yes</th>
<th>YES!</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) ...take away your privileges (TV, films, etc.)?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(b) ...listen to your side?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(c) ...discuss what you did and why it was wrong?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

For these questions, please think about the people you consider to be your family (for example, parents, step-parents, grandparents, aunts, uncles, brothers, sisters, etc.).

Q65. My family has clear rules about alcohol and drug use.

☐ NO!
☐ no
☐ yes
☐ YES!

Q66.

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>NO!</th>
<th>no</th>
<th>yes</th>
<th>YES!</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) We argue about the same things in my family over and over.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(b) People in my family have serious arguments.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(c) People in my family often insult or shout at each other.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>
Sometimes, when children are growing up, people who are responsible for caring for them (for example parents, step-parents, adoptive parents, aunts and uncles, other caregivers) do not know how to care for children properly, and the children do not get what they need to grow up healthy.

Q67. Have any of these things happened to you in the past year (12 months)?

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>Many times</th>
<th>Sometimes</th>
<th>Never</th>
<th>Not in the past year, but has happened</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) Feel you did not get enough to eat (went hungry) and/or drink (were thirsty) even though there was enough for everyone?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(b) Have to wear dirty, torn clothes, or clothes that were not warm enough or too warm, or shoes that were too small even though there were ways of getting better or new ones?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(c) Not taken care of when you were sick (for example, not taken to see a doctor when you were hurt or not given the medicines you needed)?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(d) You did not feel cared for?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(e) Felt that you were not important?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(f) Felt that there was never anyone looking after you, supporting you, or helping you when you most needed it?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

The next questions ask about the community you live in...

Q68. How much do each of the following statements describe your local area?

<table>
<thead>
<tr>
<th>Please mark an “X” in the box under your answer.</th>
<th>NO!</th>
<th>no</th>
<th>yes</th>
<th>YES!</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) Crime and/or drug selling.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(b) Fights.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(c) Lots of empty or abandoned buildings.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(d) Lots of graffiti.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(e) Insults or attacks based on someone’s religion, ethnicity or culture.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(f) I feel safe in my local area</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Q 69. If a group of children were skipping school and hanging out on a street corner in your local area, how likely is it that your neighbours would do something about it?

- Very unlikely
- Unlikely
- Neither likely nor unlikely
- Likely
- Very likely

Q 70. If there was a fight in front of your house and someone was being beaten or threatened, how likely is it that your neighbours would break it up?

- Very unlikely
- Unlikely
- Neither likely nor unlikely
- Likely
- Very likely

Q 71. People around where I live are willing to help their neighbours.

- Strongly disagree
- Disagree
- Neither agree nor disagree
- Agree
- Strongly agree

Q 72. People in my local area can be trusted.

- Strongly disagree
- Disagree
- Neither agree nor disagree
- Agree
- Strongly agree

These questions are about you and your parents’ (or caregivers’) living and economic circumstances

Q 73. How many adults live with you?

- One
- Two
- Three or more
Q74. How many adults that you live with have a paid job?

☐ None
☐ One
☐ Two
☐ Three or more
☐ Don’t know

Q75. On average, how much money of your own do you have to spend each week?

☐ None
☐ £1 or 2 per week
☐ £3-£5 per week
☐ £6-£8 per week
☐ £9-10 per week
☐ £11-£15 per week
☐ More than £15 per week
☐ Don’t know

Q76. How financially well off do you think your family is?

☐ Very well off
☐ Quite well off
☐ Average
☐ Not very well off
☐ Not very well off at all
☐ Don’t know

Q77. How many people live in your home (include yourself, all adults and all other children)?

☐ 1
☐ 2
☐ 3
☐ 4
☐ 5
☐ 6
☐ 7
☐ 8
☐ 9
☐ 10
☐ 11
☐ 12
☐ 13
☐ 14
☐ 15 or more
Q78. How many rooms are there in your house, not including kitchens and bathrooms?

- □ 1
- □ 2
- □ 3
- □ 4
- □ 5
- □ 6
- □ 7
- □ 8
- □ 9
- □ 10
- □ 11
- □ 12
- □ 13
- □ 14
- □ 15 or more

Q79. In the past year (12 months), has your father been unemployed and looking for work for one month or more?

- □ Yes
- □ No
- □ I don’t know
- □ I don’t have a father or a person who is like a father to me.

Q80. In the past year (12 months), has your mother been unemployed and looking for work for one month or more?

- □ Yes
- □ No
- □ I don’t know
- □ I don’t have a mother or a person who is like a mother to me.

Q81. Have you changed homes in the past year (12 months)?

- □ Yes
- □ No

Q82. Have you changed schools (including changing from primary to secondary school) in the past year (12 months)?

- □ Yes
- □ No
Q83. How many times have you changed schools (including changing from primary to secondary school) since Primary 1?

☐ Never
☐ 1 or 2 times
☐ 3 or 4 times
☐ 5 or 6 times
☐ 7 or more times

Q84. How many times have you changed homes since Primary 1?

☐ Never
☐ 1 or 2 times
☐ 3 or 4 times
☐ 5 or 6 times
☐ 7 or more times

Q85. And finally, how honest were you in filling out this survey?

☐ I was very honest
☐ I was honest much of the time
☐ I was honest some of the time
☐ I was honest once in a while
☐ I was not honest at all
FEEDBACK: If there is anything else you would like to share with us or if you have any comments, please write them in here.

That is the end of the survey! Thank you for taking the time to answer the questions!